



SHIZUOKA SSU ASREGINA

Founded in 2008 as a team comprising of university and local club players, it joined the Japan Women's Football League in 2010. It plays an important role locally, providing joy and entertainment to help bring people together. Sharing its experiences of Shizuoka with the world, it eagerly hopes to energize the community. As a strong and entertaining team, it aims to become a symbol of the region. Its name 'Asregina' is a shortened version of 'All Shizuoka Regina'.



2 YAMADA
DF Yui
1996.08.12
163cm 58kg



3 KANAMARU
MF Shoko
1999.09.29
154cm 51kg



4 SHIOZAWA
DF Yu
1995.09.25
164cm 54kg



5 YANO
DF Shoko
1998.11.24
156cm 51kg



6 SAGA
DF Misuzu
1997.08.06
165cm 59kg



7 MORITA
FW Waka
2001.05.15
157cm 51kg



8 WATANABE
MF Ayaka
1989.07.15
165cm 53kg



9 TSUCHIYA
FW Yuzuki
1998.06.16
161cm 53kg



10 HIRANO
FW Asami
1992.04.19
160cm 54kg



11 MIWA
FW Reina
2000.12.10
157cm 50kg



13 TAKASHIMA
MF Ayane
2000.10.20
156cm 50kg



14 NORIGOE
MF Rena
1998.07.25
163cm 54kg



15 HARA
DF Mina
2000.05.25
165cm 49kg



16 KAWAI
GK Mana
1999.12.14
159cm 55kg



17 FUJITA
FW Momoka
1999.01.26
147cm 48kg



18 KOJIMA
DF Chikako
2001.11.29
161cm 58kg



19 KOIKE
MF Mari
2000.10.08
148cm 43kg



20 MIYASHITA
FW Ami
1999.08.10
161cm 48kg



21 TAKAHASHI
GK Miharu
1991.04.15
172cm 68kg



22 KOIZUMI
DF Rena
1994.08.22
163cm 52kg



23 FUJIWARA
MF Kana
1997.08.31
152cm 45kg



24 IWAMOTO
DF Rikana
2002.07.05
163cm 55kg



25 NAKAGAWA
FW Koko
2002.06.22
157cm 49kg



26 HIKOSAKA
DF Momoka
1999.08.31
168cm 65kg



29 NAWA
MF Marina
2002.07.01
159cm 57kg



31 ANMA
GK Honoka
2004.06.28
158cm 54kg



41 ASAI
GK Erika
2002.08.29
162cm 48kg

Last Update : July 31

Slogan and Goals

Mastering the basics, seeking the ultimate level

Discovering all aspects of our skills and ideas, we will explore all possibilities to improve ourselves as a team.

Based in the formerly known 'soccer kingdom', we will pursue aggressive, exciting, and entertaining strategies to gain people's support.

Official team name:	Abbreviated name:	Location:	Tel:	Uniform:
Shizuoka SSU Asregina	Shizuoka	2-41-15 Akuro, Iwata, Shizuoka 438-0017	0538-24-7751	1st FP: deep blue/deep blue/deep blue GK: green/green/green 2nd FP: white/white/white GK: yellow/yellow/yellow